



Richmond Yacht Club
Singlehanded Series
& Gulf Triangle

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Safety and Self Rescue Declaration

All participants in the RYC Singlehanded Series or Gulf Triangle are required to complete and return to the Organising Authority the following declaration. Please read the NOR for more information and contact the Organising Authority with any questions.

As a participant in the RYC Singlehanded Series or Gulf Triangle, I declare that:

- I will carry on my person during the races in this series the means to self-initiate a 3rd party rescue in the event that I become unable to sail singlehanded or fall overboard.

Appropriate equipment would include marine communications equipment such as a waterproof handheld VHF marine radio, a cell phone in a dry-container that can be operated while kept dry, or a registered 406 MHz marine EPIRB/PLB. A whistle, light or signaling mirror may be carried but will not meet the requirement to be able to self-initiate a 3rd party rescue.

- I will wear an approved personal flotation device while racing.

e.g. a New Zealand Standard 5823:2005 inflatable type 401 150N lifejacket with crotch strap

- I will make myself and my vessel available for safety inspections immediately before or after series races if requested by the Organising Authority.

- I participate in the Singlehanded Series entirely at my own risk and accept that the series Organising Authority is not liable for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the series races.

Signature

Printed Name

Date

Boat Name

Sail Number